MASSIVE MURRAY PADDLE



Supported by NSW GOVERNMENT

415KM / 5 DAYS / SINCE 1969
MURRAY RIVER / DHUNGALLA
NOVEMBER 16 TO 20. 2026.

DIGITAL EDITION

OFFICIAL PADDLER'S AND CREW'S GUIDE . 2026

Connecting People, River, and Country

SYDNEY HARBOUR KAYAKS

EST. 1988 MIRAGE SEA KAYAKS

Wear a lifejacket.
Don't risk your life.

NO ROOM FOR RACISM


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SYDNEY HARBOUR KAYAKS

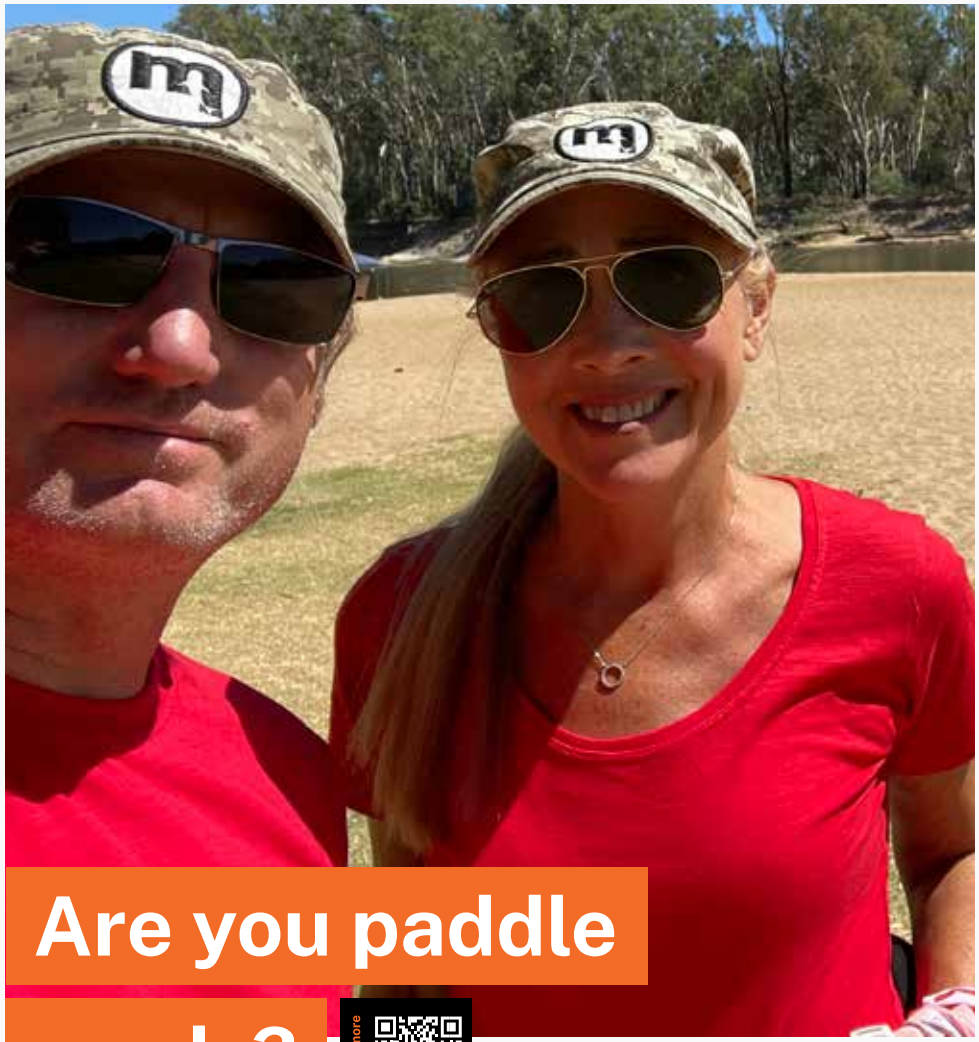
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Gunbower Cottage

Welcome to the 57th Massive Murray Paddle

Yarrawonga to Koondrook -



Are you paddle ready?

Find out more

A very warm welcome to all our paddlers, support crews, volunteers and friends as we gather once again for five extraordinary days on the mighty Murray River.

Ten years ago, in 2016 we took over management of the Massive Murray Paddle for the very first time. The extraordinary sense of community inspired our interest in the event, and we thought it a great fit with our paddling businesses, Sydney Harbour Kayaks and Mirage Sea Kayaks, plus we liked the idea of an event that could raise funds for lots of different great causes.

Ten years on and the MMP has carved a very special place in our hearts. During this time we have weathered floods, extreme heat, and a pandemic. We have made many friends who we look forward to seeing each year, and we have been blown away by the amount of money raised for some truly incredible causes.

Since 1969, generations of paddlers have taken on the mighty Murray, creating an incredible legacy of endurance, camaraderie and fundraising. We would particularly like to thank all of those who have supported the race throughout the past ten years, and to the new paddlers who are joining us for the very first time. It is thanks to all of you that this iconic event has continued to run past 50 years, and continues to grow and provided a fantastic experience for all who participate. Whether you're here to chase a record, achieve a personal challenge, reconnect with old friends or raise funds for a cause close to your heart, there is something truly special about the Mighty Murray and the people it brings together.

We feel privileged to continue this tradition and we are particularly proud to see so many young paddlers embracing the challenge and becoming part of its future.

Our heartfelt thanks go to our wonderful volunteers, safety crews, sponsors and the communities along the river who make this remarkable week possible.

We also encourage everyone to support the event through our daily raffles and merchandise sales. These help us manage the increasing costs of running the MMP while keeping entry fees as affordable as possible.

Above all, enjoy the journey. Paddle safely, look after each other, celebrate your achievements and take time to appreciate the magnificent river that connects us all.

Ten years on, our passion for this great event is stronger than ever.
We can't wait to share another unforgettable week with you.

See you on the river!

Shannon and Kate O'Brien
Event Directors – Massive Murray Paddle / MMP 415

Are you paddle ready?



Wear a lifejacket.
Don't risk your life.

Paddle activities are a great way to get out on the water, but staying safe is the top priority.

Be bright. Be seen.

- ☑ Always wear a lifejacket. Don't risk your life.
- ☑ Ensure you and your craft are easily visible.
- ☑ Wear bright clothing and choose a bright vessel.
- ☑ At night use the right lights so others can see you.

Before heading out:

- ☑ Check the weather conditions.
- ☑ Ensure your paddle craft is suitable for you.
- ☑ Tell someone where you are going and estimated time of return.

On the water:

- ☑ Stay close to shore.
- ☑ Choose a quiet area that's not too busy.
- ☑ Look out for larger vessels, always pass behind them.
- ☑ Head out with a buddy, or stay in a group.

NSW GOVERNMENT

Scan the QR code for more information on paddle safety

Wear a lifejacket.
Don't risk your life.

SYDNEY HARBOUR KAYAKS

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★ Section 1 — Event Information
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- Health Support
- Safety Advice
- Road Maps



Supported by

NSW GOVERNMENT

The Event:
MMP415
Massive Murray Paddle
Yarrawonga to Koondrook
415km over 5 days
16 to 20 November 2026.

Event Founder:
Mark Thornthwaite in 1969

Event Owners
Shannon & Kate O'Brien

The Event:
Day ONE:
Yarrawonga to Tocumwal
Day TWO:
Tocumwal to Picnic Point
Day THREE:
Picnic Point to Moama Beach
> Be Bright Be Seen Day
Day FOUR:
Moama Beach to Torrumbarry
Day FIVE:
Gunbower to Koondrook

2027 Event Dates:
MMP415
22 to 26 November 2027.
Yarrawonga to Koondrook

General Registration Opens:
February 1, 2027

phase zero
High-Risk Operations & Environments



Section 1
Event Information

IN CASE OF EMERGENCY

For all emergency situationa, your first call should always be to 000.

This includes bush fires, flooding, snake bites, serious injury and any other extreme or dangerous situations

EMERGENCY CONTACTS

Safety Director: 0400 589 095

Safety Ashore (for land-based safety issues):

0410 010 594

Safety Afloat (for on-water safety issues):

0418 370 437

Event Manager / MEDIA Enquiries: Shannon O'Brien

0413 005 787

Our team is happy to deal with any event related enquiries.
Come and see us at the start or finish lines as first point of call, or if your enquiry is urgent you may use the contact details above.

However, please understand that some team members may not always be available (e.g. due to phone reception or duties), so please consult our checkpoint staff, our website or social media if you have a quick and easy question about logistics or if you need directions.

phase zero
High-Risk Operations & Environments

Wear a lifejacket.
Don't risk your life.

FIRST AID

First Aid Kit Requirement

For everyone's safety, each team must carry two types of first aid kits as a condition of entry:

- One basic first aid kit in each kayak.
- One main first aid kit in the team's support vehicle

We don't provide specific advice on what to include — teams are expected to seek professional guidance to make sure their kits are suitable for the race conditions and the remote areas that the race travels through. You also need to add to your kits, any specific medication or supplies that are required for any individual member of your team.

Having the right supplies could make a big difference in an emergency, so please take this seriously.

Teams without the required kits will not be allowed to participate.

We strongly recommend downloading the following two phone apps:

The Emergency Plus app to determine your location in an emergency (https://www.emergencyplus.com.au/)

The Australian Bites and Stings app for information on dangerous animals and the appropriate first aid in the event of a bite or sting (https://www.bitesandstings.com.au/download-bites-and-stings-app)

Event Information - OVERVIEW

MAKING CONNECTIONS

For thousands of generations, Dhungalla (The River Murray) has sustained the lifestyles of the great Aboriginal Nations that run the length of the river.

To reflect on one of the creation stories of Dhungalla; The great hunter Ngurunderi, paddled his Yuki (canoe) down the river chasing the giant fish Ponde (Murray Cod).

The story continues with Ponde creating the bends, reaches and billabongs of the river, with Ngurunderi eventually catching the giant fish. In designing the future of the Massive Murray Paddle, we take a couple of important messages from this story.

Ngurunderi paddled a canoe and so do we.

As paddlers we have a relationship to the story and therefore feel we have a responsibility to use our canoes to help sustain the communities along the river; the same way that indigenous Australians have done for 10,000 years.

After Ngurunderi caught Ponde, he cut up the fish and threw the pieces back into the river. This action then created all of the other fish in the river and added greatly to the food source of the regions.

Giving back to the communities and respecting the culture of Dhungalla is at the very heart of the Massive Murray Paddle.

Under the banner, **'Connecting people, river & country'** we use the event to assist those in need and educate on the original culture and importance of the river.

The event will also be a platform for the local Indigenous people of the stretch of water we paddle on to teach us more about the balance and sustainability of Dhungalla.

Embodying the best of the spirit of Australia, the Massive Murray Paddle is a celebration of community and landscape.

Connecting people, river, and country





Since 1969 your marathon has long been supported by thousands of paddlers. Recent years have demonstrated that the event is hugely rewarding, raising a lot of funds for people in need.

Ultimately the Massive Murray Paddle is a challenging race, that accommodates top paddlers and cruisers alike and is very achievable, even for younger people with little paddling experience.

Official Website: www.mmp415.racing

facebook.com/**massivemurraypaddle**

instagram.com/**massivemurraypaddle**



Please tag all of your social media photos, videos and comments with

#massivemurraypaddle #wearalifejacket

AWARDS & RESULTS



At the core of the Massive Murray Paddle is a dedication to supporting local communities and honoring the river and the land. Paddling 415 kilometers down this magnificent river is a remarkable feat for both individuals and teams, making it a true reason to celebrate.

The award / trophy system is based on how well you paddle, your fund-raising efforts and your contribution to the event.

The River Trophy / The Marathon Champions (Male & Female)

This award celebrates the paddler(s) that paddle the fastest and fairest, as well as contributing the most to your chosen cause.

The YUKI Trophy / The fastest single canoe (Male & Female)

This award celebrates the paddler(s) that paddle fast, paddle fair as well as contributing to your chosen cause.



Ponde Trophy

This trophy is awarded to the leading overall craft based on handicap time.

The Bill Dunn Trophy

This trophy is awarded to the leading overall craft used by a relay team, based on handicap time.

It is open to any relay team, from a 2 person relay in a single through to the K4 teams or a ten person Dragon Boat.

Who was Bill Dunn?

Well the Murray wouldn't be a race with out him.

38 Murray Marathons / 33 SOLO / 5 Relay / 8 Full Distance in Canoe Kneeler. He has also paddled in Mixed, C4s, Solo, Doubles and as a Dilligaf. In 1992 with Rod Clark they broke 30 hours in a C2 (29hrs.10min.19sec). Bill was a true legend and gentleman of paddling and we are honored that prior to passing in 2018, he gave his blessing to use his name for this important trophy.

Note: There needs to be at least 3 in a race category for a trophy to be awarded

Event Information - OVERVIEW

Dhungalla Award Overview

The Dhungalla Award recognizes individuals or teams that embody the spirit of the Massive Murray Paddle, celebrating over 50 years of paddling tradition. Named to reflect the connection between people, the River Murray, and the land, this award honors those who best align with our event's tagline:

"Connecting People, River & Country."

Criteria for Selection:

- Spirit of Paddling: Demonstrates a passion for paddling and respect for the River Murray.
- Community Engagement: Actively contributes to the paddling community and fosters connections among participants.
- Inspiration and Leadership: Inspires others through positive actions, teamwork, and leadership during the event.

Nomination Process:

Nominations for the Dhungalla Award can be submitted by volunteers and fellow competitors. Event Management will review all submissions and select the recipient based on the criteria outlined above.

Mark Thornthwaite Awards (Individual & Team)

This long standing award has evolved to celebrate an individual and team (paddlers & crew) that raises the most funds (inc volunteer time) for their chosen cause.

Note: You will need to submit your final fund-raising tally prior to 3pm on November 18, 2026 (DAY 3). ***Every solo or team paddler, MUST submit a figure.***





Our current running totals
2016 $102,642 + 2017 $181,200 + 2018 $257,278 + 2019 $258,878 + 2021 $94,587 2022 $94,208 + 2023 $87,698 + 2024 $75042 + 2025 $102,625 = $1,255,015.00 raised for a variety of great causes since we took over management of the race in 2016. Prior to this the race was owned by The Red Cross and then the YMCA, at which time funds were raised for these specific entities.

Event Information - OVERVIEW

Outstanding Talent AWARD (Junior Paddler)

The OUTSTANDING TALENT Award recognizes individuals within the largest

‘ YOUTH FOCUSED’ teams.

Criteria for Selection:

The specific criteria for this award will be up to each individual team to decide.

Nominations for the Outstanding Talent Award can be submitted directly to the Team Manager of each of the teams involved. Any paddler of the MMP can nominate a junior paddler (in each of the teams listed) for this award.

2026 ‘ Youth Focused’ Teams:

1. ***WARMA***
2. ***GIRRAWAA YABANG***
3. ***Dungulayin Mileka ‘ The Wah Ellis Trophy’***

Award Nomination - NOVEMBER 2026 - OUTSTANDING TALENT Award

Your Name:

Your Nomination:

Why have you nominated this person?

2026 TEAMS:
- ☐ WARMA
- ☐ Dungulayin Mileka - The ‘Wah Ellis Trophy’
- ☐ GIRRAWAA YABANG

The Outstanding Talent Award will be awarded to an individual in each ‘ Youth Focused’ Team
NOTE: You will need to submit this form to MMP Event Management prior to 12pm on DAY FIVE.

Award Nomination - Mark Thornthwaite Award (Individual and Team)

Team Name:

Amount raised: $

Volunteer Hours:

Your cause & why:

This long standing award has evolved to celebrate an individual and team (paddlers & crew) that raises the most funds (inc volunteer time) for their chosen cause.
NOTE: You will need to submit your final fund-raising tally to MMP Event Management prior to 3pm on DAY THREE.

Award Nomination - Dhungalla Award

Your Name:

Your Nomination:

Why have you nominated this person or team?

The Dhungalla Award will be awarded to the individual or team that expresses the spirit of why we paddle the River Murray and how we best associate with the events tag line -‘Connecting People, River & Country’
NOTE: You will need to submit this form to MMP Event Management prior to 3pm on DAY THREE.



DAY ZERO REGISTRATION

SUNDAY 15 NOVEMBER 2026

Same River Stronger Together

MALIBU DECK | MULWALA WATER SKI CLUB

Come down, register, soak up the atmosphere
and be part of this incredible event on the Murray!

WATERSIDE

PIZZA, PASTA & GRILL

$20 Meal Specials



PRAWN SPRING ROLLS $20



CHICKEN BURGER $20



PUMPKIN SALAD $20



BATTERED WHITING $20

Pictures for illustration purpose only.





mulwala waterski Club

Lake Views & GOOD TIMES ON THE MURRAY

Section 2
Competitors

Are you paddle ready?

Find out more



Connecting people, River and Country

Wear a lifejacket.
Don't risk your life.

SYDNEY HARBOUR KAYAKS

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SCHEDULE

The event course across the five days is subject to change, depending on external factors such as weather conditions, fire rating, road conditions and river conditions.

Day ZERO — 16 November

Mulwala Water Ski Club, 156 Melbourne Street, Mulwala NSW

2pm to 6pm Team check-in / Brief and Welcoming -

Special lunch and / or dinner menu available for all paddlers and crews at the WATERSIDE Grill, including live music and happy hour from 4pm.

Day ONE — 17 November Yarrawonga Public Boat Ramp to Tocumwal

Paddling distance 89km

Day TWO — 18 November - Tocumwal Public Boat Ramp to Picnic Point

Paddling distance 91km

Day THREE — 19 November Picnic Point to Moama Beach

Paddling distance 77km

Day Three is BE BRIGHT BE SEEN DAY

>>>> Dress in your best bright gear.

Day FOUR — 20 November Moama Beach to Torrumbarry Headworks Boat Ramp

Paddling Distance 63km

You can buy a wonderful lunch at the finish line in Torrumbarry from the Gunbower Lions Club. They offer a good selection for lunch.

Day FIVE — 21 November Gunbower Boat Ramp (Murray River) to Koondrook Wharf.

Paddling Distance 95km

Awards Presentation

We will have a short presentation ceremony at the finish line at the Koondrook Wharf area at the end of the race.

This presentation should be finished by about 7pm. There is a local pizza place 50m from the finishline - grab some dinner and drinks and relax and celebrate.

We highly recommend that you stay another night in the area, prior to driving home, especially if you live a few hours from Koondrook.

MASSIVE MURRAY PADDLE 2026



Are you paddle ready?

Find out more

Competitors - SCHEDULE

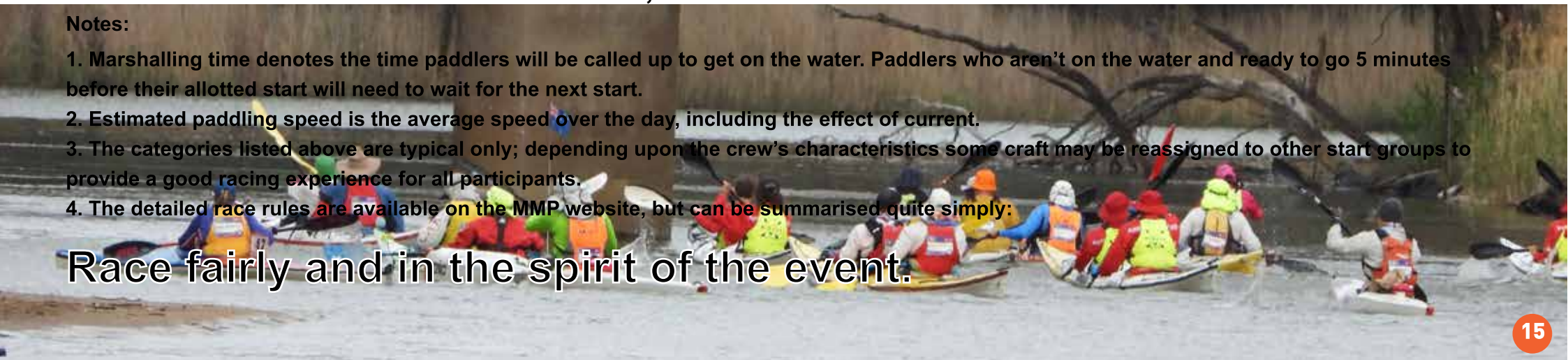
START TIMES

The table below provides an approximate guide for starting times. However, starting times will be allocated based on the estimated paddling speed of each crew, rather than the crew's class, to provide a good racing experience for all event participants. Slower crews will be given the maximum time to complete the event within the allowed time.

Wave Number	Marshalling Time	Start Time	Estimated paddling Speed (km/hr)	Typical Classes (this is an approximate guide only, actual start time for each crew will depend on paddling speed)
1	6:00 am	7:00 am	< 10.0	Single canoes / outriggers / SUPs RKS1 / RKM1 / TK1 Junior relay - recreational craft
2	6:30 am	7:30 am	10.0 - 11.0	Double canoes / outriggers Dragon Boats / Surf Boats RK2 / TK2 Full Distance
3	7:00 am	8:00 am	11.0 - 12.0	Junior relay - racing craft K1 / SS1 / ORS1 / RKL1 / UNR1 Full Distance RK2 / TK2 Relay
3	7:00 am	8:00 am	12.0 +	K1 / SS1 / ORS1 / RKL1 / UNR1 Relay K2 / SS2 / ORS2 / RKL2 / UNR2 Full Distance K3 / K4 Full Distance
3	7:00 am	8:00 am	13 +	As above, if required by participant numbers and crew paddling speed e.g. K2 / Double Ski / RKL2 / UNR2 Relay / K3 / K4

Special Start times for Day Five: Wave One - 6.30am - Wave Two - 7.15am - Wave Three - 8am - Wave Four - 8.45am

YOU MUST ARRIVE FOR MARSHALLING, ONE HOUR BEFORE YOUR START TIME. BE EARLY!!!!!



Notes:

1. Marshalling time denotes the time paddlers will be called up to get on the water. Paddlers who aren't on the water and ready to go 5 minutes before their allotted start will need to wait for the next start.
2. Estimated paddling speed is the average speed over the day, including the effect of current.
3. The categories listed above are typical only; depending upon the crew's characteristics some craft may be reassigned to other start groups to provide a good racing experience for all participants.
4. The detailed race rules are available on the MMP website, but can be summarised quite simply:

Race fairly and in the spirit of the event.

RACE INSTRUCTIONS

1. **STARTING LOCATION:** On Days 1 to 4 every craft will start from the same designated starting location for that day. You will paddle as much as you need to accomplish your own personal distance goals and stop at one of the check points or the finish. On the final day, craft paddling the full distance will start from the designated starting location; craft paddling less than the full distance and wishing to finish at KOONDROOK will start from Check Point A or C.

2. **STARTING TIMES:** There will be four starts ("waves") each day: 7:00 am, 7:30 am, 8:00 am and 8:30 am (except on Day 5 the first wave will start at 6.30 am). You will be assigned to one of these waves based on your craft type and estimated paddling speed. You will be in the same start wave each day, unless reassigned to another wave by race administration. Craft starting at Check Point C on the last day will start at a time to be determined by Race Management..

3. **ARRIVE EARLY:** You need to be at the start at least 60 minutes before your allotted start time. This is to give you time to set up your boat, be checked onto the water and line up. We will stop loading boats onto the water five minutes before each start time; if you haven't got on the water in time you will have to wait until the next start.

4. **TIME PENALTIES:** Competitors who start before their allotted time (by jumping the start, or starting in an earlier wave without approval of the race director) will have a 15 minute penalty applied to their recorded race time. Competitors who miss their allotted start will have their race start time recorded as the time of wave in which they should have started.

5. **PADDLER PLANS:** Relay teams and paddlers who aren't paddling the full distance each day need to complete a "Paddler Plan" at the start of each day. This plan lets us know who is on the water throughout the day. **If you cut out at a checkpoint, then you MUST check in with a race official.**

6. **LARGE STARTS:** Most starts will have between 30 and 40 boats. Line up where you are comfortable; if you don't like choppy water then line up behind the main line and take it easy off the start.

7. **START COMMAND:** You will be given a 2-minute and 1-minute warning before each start. The start command will be "Ready / Go".

8) **Race rules:** the detailed race rules are available separately but can be summarised quite simply:

Race fairly and in the spirit of the event.

9) **Wash-riding:** You are permitted to wash ride any other competitor in the race, regardless of craft type or the start they were in. **If you are wash-riding, then you MUST share the pain and take turns in the lead.** Communicate with each other in the group and race fairly. You are not permitted to wash ride any craft / vessel that is not in the race.

10) **Rescue:** You must provide assistance to any paddler in distress. If you see someone in trouble ask them if they need assistance. Please provide the officials with the number of the boat you assisted and the time you assisted them and we will provide a time adjustment.

11) **Cut-off times:** Craft that have not passed a check point by the cut-off time will be withdrawn and must leave the water at that checkpoint. Paddlers who are withdrawn can re-join the event the next day. **CP C cut-off times are listed on the road maps, however maybe changed, depending on the conditions of the day.**

12) **Race results:** Race times will be provided on webscorer.com or via massivemurraypaddle.org.au at the end of each day. Times will be reported on an actual and handicap basis.

BOAT RAMPS

During the event public boat ramps on the Murray River are sometimes marked as closed and sometimes open. That is, the ramp may be open even if the river is closed. If and when a ramp is open all users have access at all times. People may launch or retrieve their boats even though they cannot make way on the river when it is officially closed.

It is important to realise that at some places, like the the ramps coming into Echuca / Moama area and day 4 at Torrumbarry. Therefore, powerboat launching, retrieving and vessel movement on the water are to be expected. All Massive Murray Paddle competitors, crew and spectators are warned for their own safety not to stand on boat ramps or swim in the vicinity of boat ramps, as it can be difficult to see out the rear of a vehicle when backing down into the water. If you are asked to move by an Event Official please do so willingly as they are just trying to keep you safe.

SAFETY EQUIPMENT

All paddlers MUST wear an appropriate fastened lifejacket that complies with the Marine Safety Regulation 2016 (under the Marine Safety Act 1998) at all times whilst on the water during the Massive Murray Paddle. Lifejackets which conform are those which meet performance Level 50S of Australian Standard “AS 4758 Lifejackets”

In regards to extreme high temperature days; we would recommend the use of a self inflating lifejacket.

Compulsory equipment required in your craft at all times:

- **“Pea-less” whistle.** This must be attached to the paddler’s lifejacket via a short string. Toy whistles are not suitable.
- **Sufficient solid food** including energy gels / lollies.
- **WATER** - you must have at least 1 litre per paddler - You must top up at each checkpoint or when required.
- **Headgear / Sun & Weather Protection**. For protection against prevailing conditions.
- Paddler’s Personal **FIRST-AID Kit**
- **Mobile Phone in a waterproof bag** - including our safety team’s phone numbers



CRAFT NUMBERS

You will recieve a TWO ‘Official Craft stickers’ where you will need to write your craft number clearly in permanent marker pen.

These stickers need to be stuck on the deck of your craft on both sides of the BOW. They must be visible to our time-keepers on the shore.

Every paddler must wear their personalised name bib on their back.

If assistance is required by water safety personnel, raise your paddle and wave it to attract attention and tell other competitors you need assistance and to pass the message on.

If you get into trouble, ALWAYS stay with your craft until the Safety Afloat personnel arrive.

In an emergency - phone 000

We recommend the Australian Government’s

EMERGENCY PLUS App - www.emergencyplus.com.au



THE ELEMENTS

Heat Induced Illness (Hyperthermia)

Heat induced illness may be experienced by paddlers, ground crew or observers during the Massive Murray Paddle. Factors that contribute to heat induced illness are:

- Physical exertion
- Hot climate
- Inadequate fluid intake
- Infection
- Unsuitable clothing for the environment
- Some drugs which affect heat regulation

Current guidelines recommend prevention by:

- Wearing light coloured, loose fitting clothing and hats
- Take adequate fluids during exertion on hot days – if you are thirsty, drink
- Avoid physical exercise during a viral illness
- DO NOT leave children or the elderly in parked cars

Recognition and Management

Heat Exhaustion

Symptoms: Fatigue associated with headache, nausea, vomiting, malaise and dizziness, which may be accompanied by collapse. Body temp will be less than 40ºC and conscious state will become normal once the victim is lying down.

phase zero
High-Risk Operations & Environments

Management:

- lie the victim down in a cool environment or in the shade
- loosen and remove excessive clothing
- moisten the skin with a moist cloth or atomiser spray
- cool by fanning
- give water to drink if fully conscious
- call for an ambulance if not quickly improving

Heat Stroke – THIS IS A LIFE THREATENING CONDITION

Symptoms: Heat stroke is the most serious form of heat related illness and may lead to unconsciousness and death. All body organs may be affected. Heat stroke may be recognised by lack of sweating, temperature above 40°C, an altered conscious state, hot dry skin (however, in some victims profuse sweating is common) and collapse.

Management:

Call for an ambulance immediately - 000

Resuscitate following the Basic Life Support Flow Chart

Place the victim in a cool environment

Moisten the skin with a moist cloth or atomizer spray and fan repeatedly apply wrapped ice packs to neck, groin and armpits.



THE ELEMENTS

Weather can be anything from sizzling hot to cold and windy, with natural hazards such as flooding or fire not unfamiliar to the event over its 50 year history. Organisers are always on top of what's happening with the elements, but you should be too.

Just be prepared: to provide shade, to protect yourself from sun, wind and rain and whatever else may come with the climate… such as mozzies and flies!

Snake Bite

The Massive Murray Paddle takes place in rural and remote areas where a number of venomous snake species can be found. All personnel should be vigilant for snakes of any kind during the event and where possible avoid contact with them. **DO NOT approach or attempt to catch / kill snakes as this is most likely to end in you being bitten.** If you see a snake at a checkpoint make the Safety Team personnel aware and inform others so they may avoid the area. Keep children and pets away.

The current guidelines for Australian snake bite:

Recognition

The bite may be painless and without visible marks. Other symptoms and signs may include:

- Paired fang marks, but often only a single mark or a scratch mark may be present (localised redness and bruising are uncommon in Australian snake bite)
- Headache, nausea and vomiting
- Abdominal pain
- Blurred or double vision, or drooping eyelids
- Difficulty in speaking, swallowing or breathing
- Swollen tender glands in the groin or axilla of the bitten limb
- Limb weakness or paralysis
- Respiratory weakness or respiratory arrest.

Note: Life-threatening effects may not be seen for hours. However when massive envenomation occurs, especially in children, symptoms and signs may appear within minutes.

Management:

The rescuer should:

- Keep the victim at rest, reassured and under constant observation
- Commence resuscitation if necessary
- Apply the Pressure Immobilisation Technique
- Apply a broad pressure bandage, firm and tight, over the bite site ASAP.
- Apply a second pressure bandage, starting at the fingers/toes and extending upwards on the limb as far as possible. Apply over existing clothing.
- Splint the limb including the joints on either side of the bite site. For upper limbs use a sling.
- Keep the victim completely at rest, bring transport to the victim.
- Transport the victim to a medical facility, preferably by ambulance

Note:

- DO NOT cut or incise the bite
- DO NOT use an arterial tourniquet
- DO NOT wash or suck the bite

Snake identification

Identification of venomous snakes can be made from venom present on clothing or the skin using a Venom Detection Kit. For this reason do not wash or suck the bite or discard clothing. It is not recommended to kill the snake for purposes of identification, because medical services do not rely on visual identification of the snake species.

Antivenom is available for all venomous Australian snake bites.



Red-bellied Black Snake
(Pseudechis porphyriacus)


Section 3
Support Crew
Are you paddle ready?
Find out more
MIRAGE 730
MIRAGE 732
Wear a lifejacket.
Don't risk your life.
SYDNEY HARBOUR KAYAKS
EST. 1988
MIRAGE
SEA KAYAKS
mako
PADDLES
Gunbower Cottage

Support Crew

SAFETY ADVICE

Health support for the Massive Murray Paddle is provided at 4 levels:

- **Level 1:** Paddler self / buddy aid. At this level minor injuries not requiring immediate medical attention (blisters, small cuts, scratches, non-venomous bites etc…) can be treated immediately by paddlers. Each paddler must carry a small first aid kit and should be prepared to offer assistance to other paddlers if needed.

- **Level 2:** Team first aid. At this level more serious injuries not requiring immediate medical attention can be treated by Ground Crew at checkpoints. Examples may include: sprains, strains, chaffing, minor dehydration, blisters, minor illness etc… Ground Crew must carry a more substantial first aid kit capable of supporting each paddler in their team, as well as each member of the Ground Crew. Remember; as Ground Crew you will be travelling by vehicle through rural and remote areas, sometimes on dirt tracks, so be prepared.

- **Level 3:** Event first aid. At this level immediate first aid for serious injuries/illnesses will be provided by Safety Team staff at checkpoints or from safety vessels. The intent of this level of first aid is to provide immediate response and coordinate the provision of Level 4 support.

- **Level 4:** Emergency services support. Any person may activate this level of support by calling 000 and requesting ambulance support. It is important to call 000 immediately in any medical emergency.

We strongly recommend downloading the following two phone apps:

The Emergency Plus app to determine your location in an emergency (www.emergencyplus.com.au/)

The Australian Bites and Stings app for information on dangerous animals and the appropriate first aid in the event of a bite or sting (www.bitesandstings.com.au/download-bites-and-stings-app)

When calling **Triple Zero (000)** for an ambulance, a Telstra call taker will ask you:

- Do you require police, fire or ambulance?
- Which state are you calling from? (If you are calling from a mobile phone).

Your call will then be connected to a Triple Zero operator from the Emergency Services Telecommunications Authority (ESTA) who will assist you.

Be ready to answer their questions as best you can:

- What is the exact location of the emergency?
- What is the phone number you are calling from?
- What is the problem? What exactly happened?
- How many people are hurt?
- How old is the person?
- Is the person conscious (awake)?
- Is the person breathing?

Stay on the phone unless told to hang up. Follow the call taker's instructions while waiting for the ambulance. These instructions will help the patient and the ambulance paramedics.

000 should be used for emergencies only. For non-life threatening injuries/illnesses that require medical attention either contact the Safety Team or the nearest medical facility in any of the towns along the route.



Support Crew

SAFETY ADVICE

DRIVING

Even if you've driven on a road hundreds of times, road conditions can change quickly in the country.

Know your limits

Just because a road is signposted as a 100 km/h zone doesn't mean you have to drive that fast.

As with driving in the city, you need to regulate your speed according to the conditions. Road conditions can change quickly in the country. Even if you've driven on a road hundreds of times, you never really know what's going to be around the next bend.

In the country you could encounter potholes, rough road surfaces, narrow sections, single lane bridges, railway crossings, livestock or wildlife, soft or broken road edges or even fallen limbs from trees.

You may also encounter another motorist doing something stupid - such as attempting to overtake when they're unsighted.

Off road (but not in a good way)

If you do make a misjudgment and hit the soft edges of a country road, it's important not to overreact.
Don't jerk the wheel or brake heavily. Take your foot off the accelerator to slow down and then ease your wheels back onto the road while holding the steering wheel firmly.

If the road surface itself is loose (covered in gravel for example) or if you've encountered a dirt road, then your car needs a lot longer to stop, is less responsive and you can much more easily lose control on bends.

Dirt roads can also become treacherously slippery in the wet. The answer here is to slow down and allow a greater margin for error (a longer stopping distance, for example).

Local wildlife

Hitting an animal becomes a much greater prospect at dusk and in the evening. Remember that some animals become hypnotised by the glare of your lights. If you do spot an animal in your path you should brake, flash your lights and hit the horn - don't swerve.

It seems like a tough call but swerving to miss an animal at reasonable speed is a recipe for rolling your car.

Stay sharp

It's obvious from this short list of tips that driving in the country requires concentration. The fact is that tired drivers crash on country roads. Nearly 80 per cent of fatalities occur on country roads.

Research shows that driving between 10pm and 6am is associated with four times the risk of a fatigue crash than at other times during the day.

So try to avoid driving at times when you would normally be asleep, take regular breaks and always monitor the early warning signs of driver fatigue.

Never park in long grass as your hot exhaust may cause a fire. Driving through long vegetation may cause a build-up of dry grass underneath your vehicle, resulting in a fire. After driving through vegetation you should stop and check under the vehicle, and clear any build-up of flammable material.

When parking your vehicle at checkpoints please ensure you check for overhanging tree limbs and avoid parking in those areas.

Always check your mirrors before opening doors at checkpoints, especially alongside roads and tracks. Even in remote areas large trucks and agricultural machinery moves quickly along the tracks.

Information from www.rms.nsw.gov.au/geared/

Drivers: NEVER SPEED - BE SAFE and help keep the Massive Murray Paddle accident free.

Support Crew

SAFETY ADVICE

INCLEMENT WEATHER

Roads which are usually dry and dusty can quickly become a muddy mess in the event of rain. In some instances, only official vehicles will have road access to checkpoints, meaning you will have to leave your vehicle out on the main road and walk in. Should the weather turn against us, allow for longer travel times and use common sense when parking your vehicle. It is a good idea to walk over off-road areas, even if they look solid, before driving onto them to avoid getting bogged.

Slip, Slop, Slap, Seek and Slide! These well-known Sun Smart measures from www.cancervic.org.au apply to everyone:

• Slip on sun protective clothing.

• Slop on SPF30+ sunscreen – make sure it is broad-spectrum and water resistant.

• Put it on 20 minutes before you go outdoors and re-apply every two hours.

• Slap on a hat that protects your face, head, neck and ears.

• Seek shade.

• Slide on sunglasses: make sure they meet Australian Standards.

BUSHFIRE SURVIVAL
IF YOU ARE CAUGHT IN YOUR CAR

Driving during a bushfire is extremely dangerous and can result in serious injury or death – always plan to leave early to avoid this situation. Take the following actions (as advised by the CFA in their Guide to Survival: www.cfa.vic.gov.au) if you encounter smoke or flames and are not able to turn around and drive to safety:

• Position the car to minimise exposure to radiant heat.

• Park away from dense bush – try to find a clearing.

• If possible, park behind a barrier such as a wall or rocky outcrop.

• The car should ideally face towards the oncoming fire front.

• Park off the roadway and turn hazard lights on. Car crashes are common in in bushfires due to not being able to see the road clearly.

To increase your chances of survival:

• Stay in the car, and tightly close windows and doors.

• Cover up with woollen blankets and get down below window level – you will need to protect yourself from radiant heat which will pass through glass.

• Drink water to prevent dehydration.

As soon as you become aware that the fire front is close by:

• Shut all vents and turn the air conditioning off.

• Turn the engine off.

Be prepared: if you drive in high bushfire risk areas, keep woollen blankets in your car. This is an essential precaution during the warmer months.

MOSQUITOS:
ideas.health.vic.gov.au
SUN SMART:
www.cancervic.org.au
BUSHFIRE SURVIVAL:
www.cfa.vic.gov.au
SNAKEBITE:
www.ambulance.vic.gov.au



Massive Murray Paddle Ground Crew Maps - DAY ONE

Yarrawonga to Tocumwal
Paddlers Distance = 89km

North

Check-points by Road - Day One

Start

1.5km downstream from the Yarrawonga Weir, at the Yarrawonga Commons public boat-ramp. Enter into the Commons via Cullens Road.

A Check-point Australia

Boomanoomana State Forest. Follow the arrows.
Turn LEFT at Ruwolts Road off the main road.
Follow the signs to One Tree Beach. - Park as directed. Space is limited.

B Check-point Baiame

Follow the arrows - Good access

C Check-point Cummeragunja

Thompson's Beach, Cobram. Turn off the main road just over the bridge.

Finish

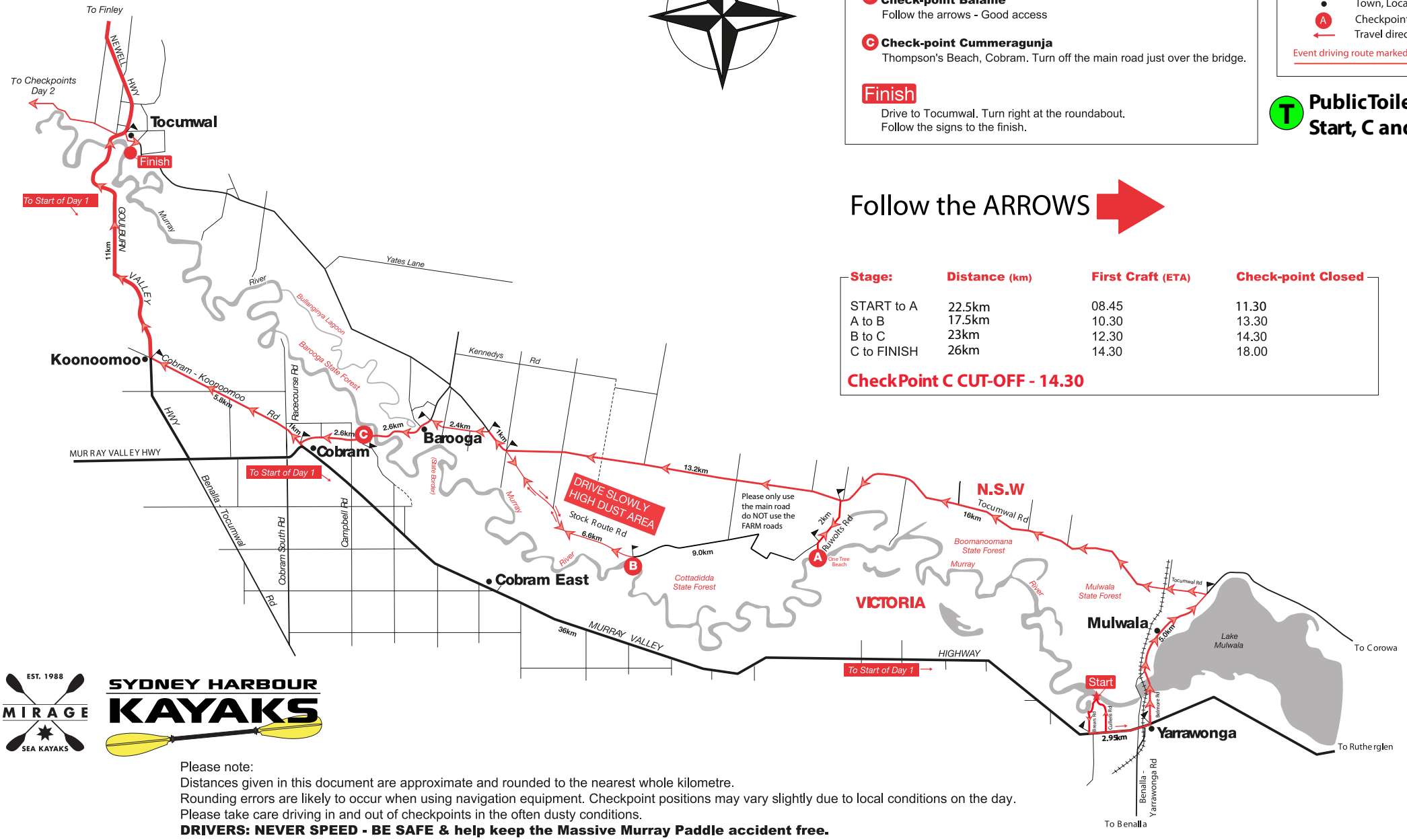
Drive to Tocumwal. Turn right at the roundabout.
Follow the signs to the finish.

Legend

- Highway, Freeway
- Major Road
- Minor Road
- Other Road
- River
- Railway Line
- Route Marking
- 3.5km Distances
- Town, Locality
- A Checkpoint
- Travel direction

Event driving route marked in RED

T Public Toilets Start, C and Finish



Follow the ARROWS

Stage:	Distance (km)	First Craft (ETA)	Check-point Closed
START to A	22.5km	08.45	11.30
A to B	17.5km	10.30	13.30
B to C	23km	12.30	14.30
C to FINISH	26km	14.30	18.00

CheckPoint C CUT-OFF - 14.30

EST. 1988 MIRAGE SEA KAYAKS

SYDNEY HARBOUR KAYAKS

Please note:
Distances given in this document are approximate and rounded to the nearest whole kilometre.
Rounding errors are likely to occur when using navigation equipment. Checkpoint positions may vary slightly due to local conditions on the day.
Please take care driving in and out of checkpoints in the often dusty conditions.
DRIVERS: NEVER SPEED - BE SAFE & help keep the Massive Murray Paddle accident free.

Massive Murray Paddle Ground Crew Maps - Day Two

Tocumwal to Picnic Point
Paddlers Distance = 91km

DAY TWO is a very difficult driving day - long distances on dirt roads - driving is slow - dust is bad.
Help keep the Massive Murray Paddle Safe - BE AWARE - SHOW LOTS OF RESPECT for other crews
We HIGHY recommend that if you are towing a 'large' trailer, you should drive directly to the FINISH (after CP A) and leave your trailer in the parking lot at Picnic Point, then drive back to CP B / CP C.
***** There will also be some trailer parking after you turn into Moroco West (look for signs)
DRIVE SLOWLY PLEASE

North

Check-points by Road - Day Two

Start
Tocumwal at the Tocumwal Boat Ramp - Follow signs

A Check-point Australia
Is located on the side of the Lower River Road.
Park along the road and walk in to the check-point.

B Check-point Baiame
Is located along the Milawa River Road.
The tracks are narrow and it's slow driving.
You are in a high dust area. Park only where directed

C Check-point Cummeragunja
Continue along the Milawa River Road. The check-point is located on the side of the road. Drive slowly as you are in a high dust area.
Park only where directed.
The exit (to the Finish) is the same way, you drove in in case of wet conditions.

Finish
The finish is at the Picnic Point Boat Ramp. Watch out for cattle and kangaroos on sections of the road. Park in the marked bays.

Legend
- Highway, Freeway
- Major Road
- Minor Road
- Other Road
- River
- Railway Line
- Route Marking
- 3.5km Distances
- Town, Locality
- A Checkpoint
- Travel direction

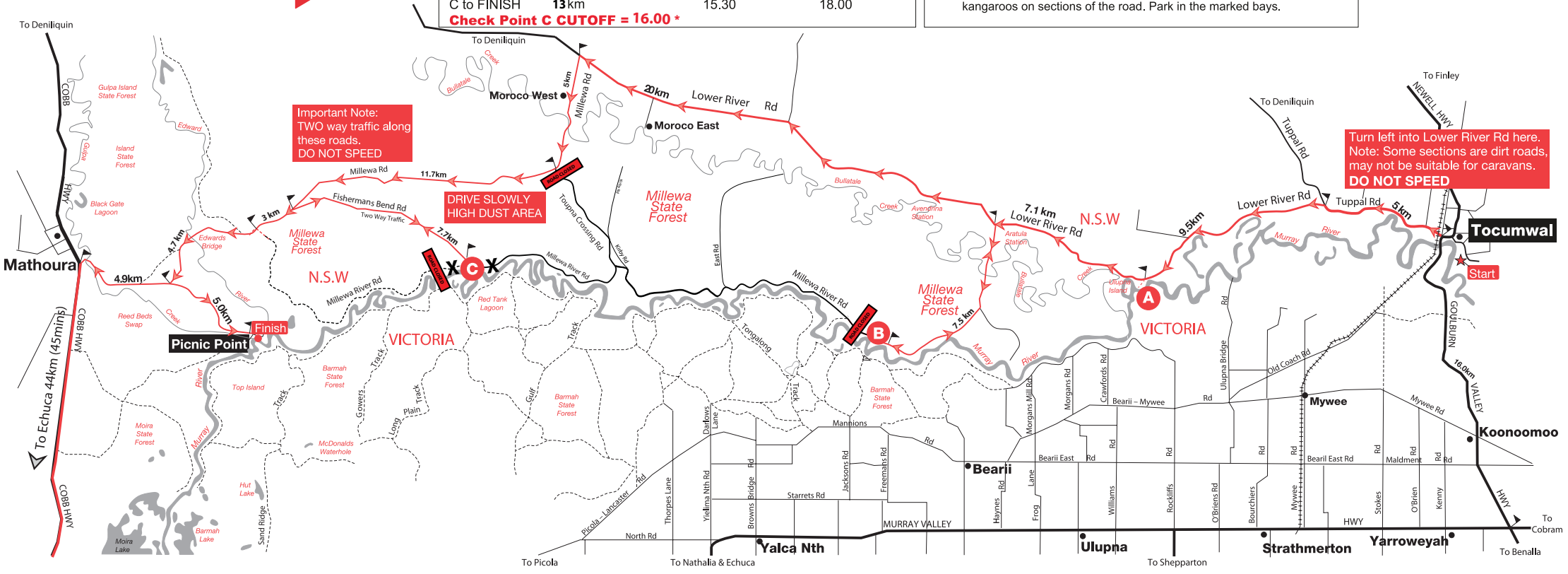
Event driving route marked in RED

T Public Toilets Start and Finish

Follow the ARROWS

Stage:	Distance (km)	First Craft (ETA)	Check-point Closed
START to A	**23.5** km	09.30	11.30
A to B	15 km	11.30	13.00
B to C	**39.5** km	14.45	16.30
C to FINISH	**13** km	15.30	18.00

Check Point C CUTOFF = 16.00 *



Please note:
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DRIVERS: NEVER SPEED - BE SAFE & help keep the Massive Murray Paddle accident free.

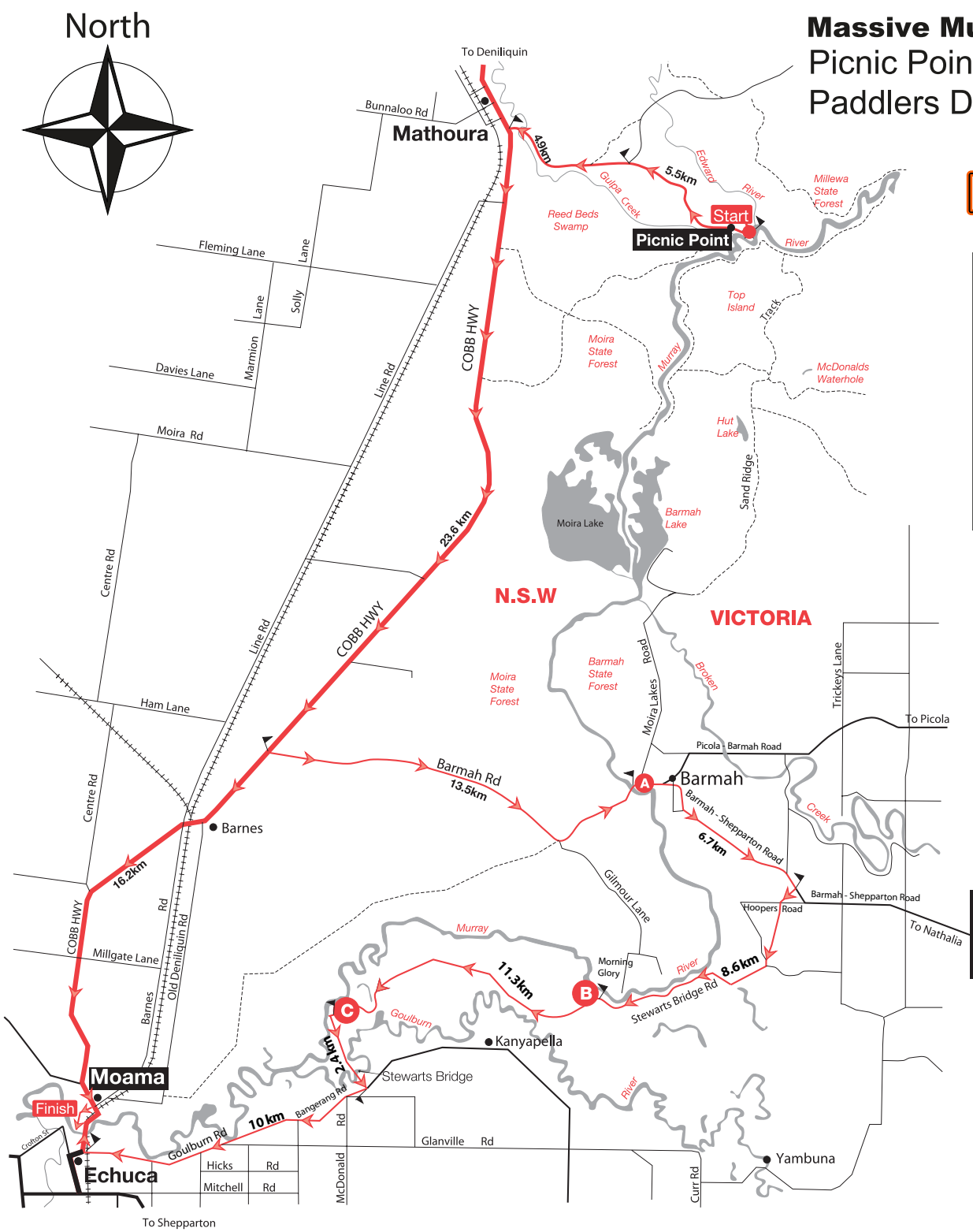
**NOTE: If you are staying two nights in Echuca / Moama.
The drive from Echuca CBD to the Picnic Point START / FINISH Line is 50km / 40 minutes.
Please allow for this travel time and DO NOT SPEED**

EST. 1988 MIRAGE SYDNEY HARBOUR KAYAKS

Massive Murray Paddle Ground Crew Maps - Day Three

Picnic Point to Moama

Paddlers Distance = 77 km



BE BRIGHT BE SEEN DAY

Check-points by Road - Day Three

Start

At Picnic Point Boat Ramp - 50km (one hour) from Echuca via Cobb Hwy

A Check-point Australia
Is located between the Barmah Boat Ramp and upstream of the bridge - Park in the parking lot.
Please DO NOT use the NSW side of the river for your change-over.

B Check-point Baiame
Road side with easy access - Drive slowly as you are in a high dust area.

C Check-point Cummeragunja
Road side with easy access - Drive slowly as you are in a high dust area.

Finish

The finish is at Moama Beach in Moama (via Blair Street).

Legend

- Highway, Freeway
- Major Road
- Minor Road
- Other Road
- River
- Railway Line
- Route Marking
- 3.5km Distances
- Town, Locality
- A Checkpoint
- Travel direction

Event driving route marked in RED

T PublicToilets Start, CP A andFinish

Follow the ARROWS

Stage:	Distance (km)	First Craft (ETA)	Check-point Closed
START to A	28.5km	09.30	11.00
A to B	12km	10.30	13.00
B to C	18km	12.45	15.00
C to FINISH	18.5km	13.30	17.30

CheckPoint C CUT-OFF - 15.00

NOTE:
The drive from Echuca CBD to the START LINE at Picnic Point is 50km / 40 minutes.
Please allow for this travel time and DO NOT SPEED

NOTE:
The drive from the Picnic Point Start Line to Check Point A at Barmah is 50km / 50 minutes.
Please allow for this travel time and DO NOT SPEED

EST. 1988 MIRAGE SEA KAYAKS

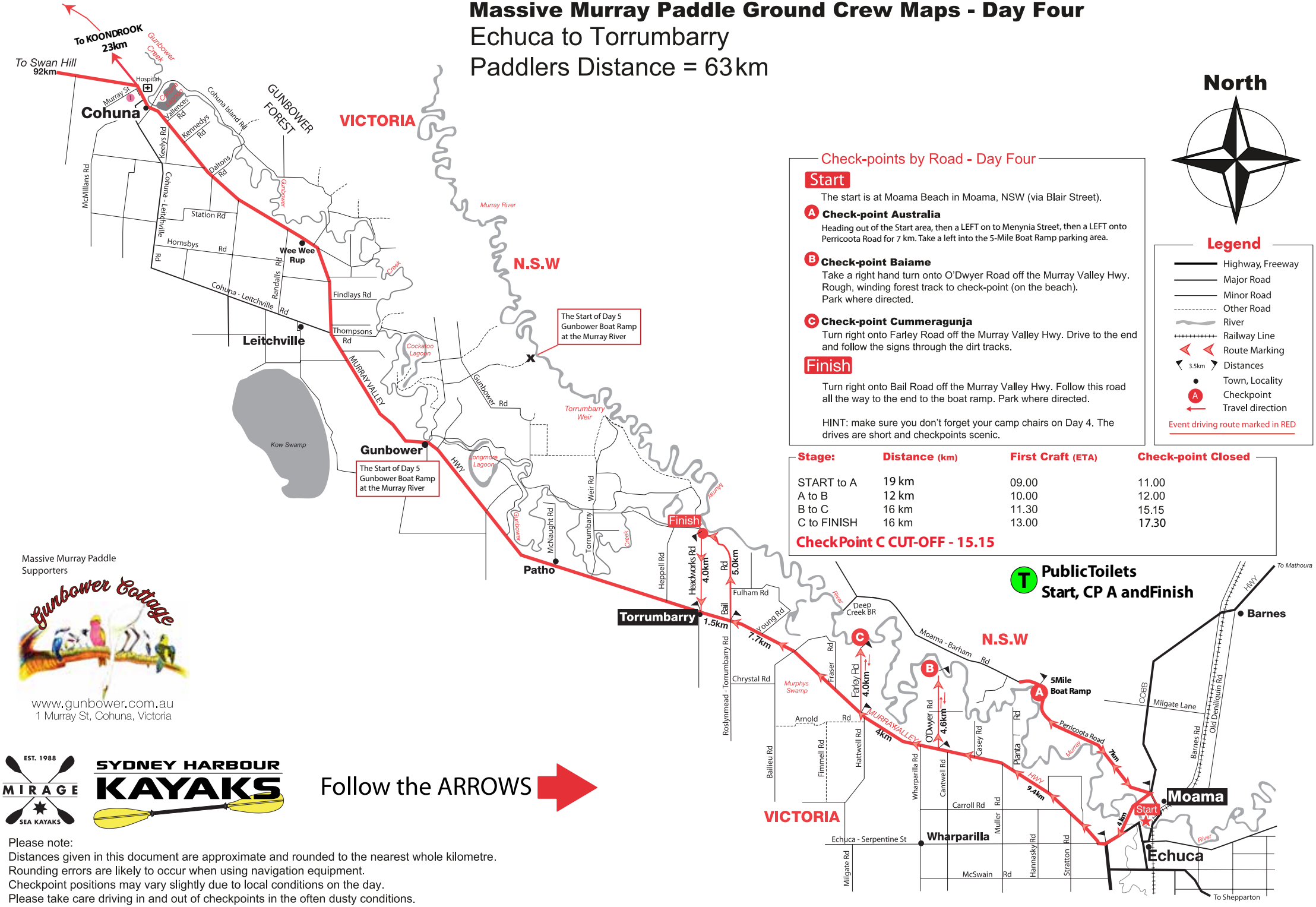
SYDNEY HARBOUR KAYAKS

Please note:
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Rounding errors are likely to occur when using navigation equipment.
Checkpoint positions may vary slightly due to local conditions on the day.
Please take care driving in and out of checkpoints in the often dusty conditions.
DRIVERS: NEVER SPEED - BE SAFE & help keep the Massive Murray Paddle accident free.

Massive Murray Paddle Ground Crew Maps - Day Four

Echuca to Torrumbarry

Paddlers Distance = 63 km



Check-points by Road - Day Four

Start

The start is at Moama Beach in Moama, NSW (via Blair Street).

A Check-point Australia

Heading out of the Start area, then a LEFT on to Menynia Street, then a LEFT onto Perricoota Road for 7 km. Take a left into the 5-Mile Boat Ramp parking area.

B Check-point Baiame

Take a right hand turn onto O'Dwyer Road off the Murray Valley Hwy. Rough, winding forest track to check-point (on the beach). Park where directed.

C Check-point Cummeragunja

Turn right onto Farley Road off the Murray Valley Hwy. Drive to the end and follow the signs through the dirt tracks.

Finish

Turn right onto Bail Road off the Murray Valley Hwy. Follow this road all the way to the end to the boat ramp. Park where directed.

HINT: make sure you don't forget your camp chairs on Day 4. The drives are short and checkpoints scenic.

Legend

- Highway, Freeway
- Major Road
- Minor Road
- Other Road
- River
- Railway Line
- Route Marking
- 3.5km Distances
- Town, Locality
- A Checkpoint
- Travel direction

Event driving route marked in RED

Stage:	Distance (km)	First Craft (ETA)	Check-point Closed
START to A	19 km	09.00	11.00
A to B	12 km	10.00	12.00
B to C	16 km	11.30	15.15
C to FINISH	16 km	13.00	17.30

CheckPoint C CUT-OFF - 15.15

T PublicToilets Start, CP A andFinish

Massive Murray Paddle Supporters

www.gunbower.com.au
1 Murray St, Cohuna, Victoria

EST. 1988 MIRAGE SEA KAYAKS

SYDNEY HARBOUR KAYAKS

Follow the ARROWS

Please note:
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DRIVERS: NEVER SPEED - BE SAFE & help keep the Massive Murray Paddle accident free.

Massive Murray Paddle Ground Crew Maps - Day Five

Gunbower to Koondrook

Paddlers Distance = 95km

Day Five is a long day of driving long distances on dirt tracks - The driving is slow and there is a lot of dust. It is a big responsibility for all drivers to help keep the MMP a safe race.
BE AWARE SHOW LOTS OF RESPECT for other crews and the public.
We highly recommend that if you are towing a larger trailer, you should drive back to the highway, drive to the finish line, then drive back and meet your team at a check-point.
The tracks in the Gunbower Forest are pot-holed. The River Track is managed and generally in an OK condition, however the side tracks can be average to VERY poor.
Only use the main marked tracks. TAKE GREAT CARE. If it has rained during the week, then take even more care.
Getting stuck is EASY! - Getting rescued will take a very long time and may be very costly $$$$$

North

Stage:	Distance (km)	First Craft (ETA)	Check-point Closed
START to A	22.5 km	08.00	11.15
A to B	24 km	10.00	12.15
B to C	22.5 km	11.30	14.15
C to FINISH	26 km	14.45	17.30

Check Point C CUT-OFF - 14.15

Check-points by Road - Day Five

Start

The Start for Day Five is at the Murray River Boat Ramp at the end of Brereton Road, Gunbower, about 8km from the high-way.

A Check-point Australia
After leaving the start, follow the RIVER Track to CPA

B Check-point Baiame
After leaving the CP A, follow the RIVER Track to CPB

C Check-point Cummeragunja
Continue on RIVER Track to the Murray River Boat Ramp near the Yarran Creek. ALWAYS FOLLOW DIRECTIONS - Conditions do change

Finish

After leaving CP C, you can continue on the RIVER Track to follow the paddlers or return to the high-way via IRON PUNT Track.
Follow the signs into Koondrook and the finish line is at the KOONDROOK Wharf. Please park responsibly. ALWAYS FOLLOW DIRECTIONS - Conditions do change
We know, that you are excited to get to the finish line, however please drive safely.

T Public Toilets
Gunbower Apex Park
Start and Finish

Potential Detour

Legend

- Highway, Freeway
- Major Road
- Minor Road
- Other Road
- River
- Railway Line
- Route Marking
- 3.5km Distances
- Town, Locality
- A Checkpoint
- Travel direction

Event driving route marked in RED

Murrabit
Koondrook
Barham
Teal Point
Yeoburn
Koroop
Gannawarra
Kerang
Kerang East
Milnes Bridge
Cohuna
Leitchville
Gunbower
Patho
Wee Wee Rup
Yarran Creek Boat Ramp
Kow Swamp
VICTORIA
N.S.W
GUNBOWER FOREST
MURRAY VALLEY HWY
Cohuna - Koondrook Rd
Cohuna - Leitchville Rd
Gunbower Creek
River Track
Nursery Track
Cohuna Island Rd
Findlays Rd
Thompsons Rd
Brereton Road
Start
Finish
A
B
C
CLOSED
12km
5km
7.5km
10km
11.1km
10.5km
10.7km
8km
18.8km
20.0km
22.0km
26.0km

Massive Murray Paddle Supporters

Gunbower Cottage
www.gunbower.com.au
1 Murray St, Cohuna, Victoria

EST. 1988 MIRAGE SEA KAYAKS
SYDNEY HARBOUR KAYAKS

Follow the ARROWS

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DRIVERS: NEVER SPEED - BE SAFE & help keep the Massive Murray Paddle accident free.



The Massive Murray Paddle 2026

The Massive Murray Paddle has always been about much more than simply reaching the finish line. It's about your personal journey — your goals, your determination, your teammates, your cause and those moments on the river when you discover just how much you can achieve.

As we celebrate our 10th year running this incredible event, we're proud to continue recognising the achievements of every paddler who takes on the Murray.

Every participant who reaches their personal MMP milestone will receive a finisher's medallion — a small but important symbol of the commitment, resilience and determination it takes to be part of this event.

And for those attempting the full 415km journey, whether solo or in a double kayak, there is the special 415KM FINISHER'S MEDALLION.

Five days. 415 kilometres. One extraordinary journey down the Murray. Completing the full distance is a serious achievement. With long days on the water and almost 100km still waiting on Day Five, preparation, teamwork and determination will matter right to the final stroke.

Whether your goal is 40 kilometres or 415, a personal best, a race result, raising money for your cause or simply making it further than you ever thought possible — your achievement matters.

We can't wait to capture those moments, share your stories and celebrate with you at the finish lines along the way.

Train well. Paddle strong. Look after each other. And get ready for five unforgettable days on the mighty Murray.

OFFICIAL MERCHANDISE 2026



Microfibre Bandana - $18



Coffee Mug $35





TShirts - $50
Unisex: Azure / Pink
Female: Azure / Pink





RipStop Caps or Microfibre Caps - $35





Singlet - $45
Female: White
Men: White



Microfibre Hooded Towel
380gsm polyester/nylon hooded towel with kangaroo pocket.
$80

We also have a HUGE MMP raffle:
inc: MMP passes, Gunbower Cottage, Mako Paddles, Paddle Gear and MORE!!

Cash or Credit Cards

Our Experience Your Advantage



LOCATE ACCESS RESCUE

phasezero

High-Risk Operations & Environments

Proud Partner of:

MMP 415

Experts in Training, Rescue and Support for high-risk Events, Operations and Environments

@phase_zero_rescue www.phasezero.com.au

Gunbower Cottage











YOUR PRIVATE GETAWAY, A SHORT STROLL FROM BEAUTIFUL GUNBOWER CREEK AND FOREST

Gunbower Cottage is a lovingly-restored three bedroom historical property in Cohuna, Victoria. Built in the early 1900's, it is steeped in old world charm and comfort.

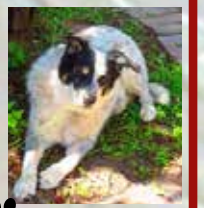
Three large bedrooms, sleeps up to 10 people

Well-equipped kitchen with modern appliances.
Large lounge-dining area with log fire.
Lovely gardens with outdoor terrace and fire place.



1 Murray Street, Cohuna Victoria, 3568

e: *kate@gunbower.com.au*
w: *gunbower.com.au*
f: *facebook.com/gunbowercottage*
ph: *0411 504 301*



Pet Friendly





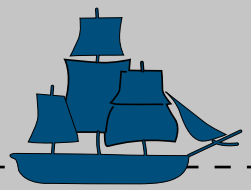




CLOTHINGTHEGAPS

NOT A DATE TO CELEBRATE

RETHINKING JANUARY 26



1788 — 1938 — 1994

Arrival and Invasion

On 26 January 1788, the First Fleet arrived and the colony of Port Jackson was established. What followed was the invasion of Aboriginal lands, the loss of lives, and trauma that continues today.

Generations of Resistance

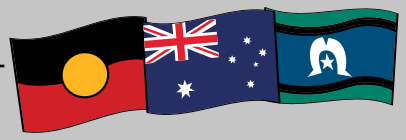
First Nations people declared Jan 26 a "Day of Mourning" back in 1938.

A Day Of Mourning, Not Celebration

A Nation Divided, Not United

January 26 only became the Australia Day public holiday in 1994. Each year the debate causes hurt and division, and highlights racism and ignorance.

A Way Forward
Australian Long Weekend



A proposal to move the public holiday to the second last Monday in Jan, creating respectful distance between the Australia Day public holiday and Jan 26.

A poll by YouGov revealed the majority of Australians (54%) and First Nations people (61%) prefer an Australian Long Weekend over a fixed holiday on Jan 26.



A Consistent Summer Long Weekend

The Australian Long Weekend would always fall between Jan 18-24, and never on Jan 26.





Reclaiming Jan 26

This change frees up January 26 to be respectfully observed as a Day of Mourning.

Learn more about The Australian Long Weekend Proposal

FLOAT BY TWILIGHT
RACE AT SUNRISE



SAVE THE DATE
12-13 MARCH 2027



EDWARD RIVER KOLETY
DENILIQUIN

Edward River COUNCIL

visit deni

Wear a lifejacket.
Don't risk your life.

MMP 415

Connecting people, river, and country